

頭頸癌診療指引

一、參與討論同仁

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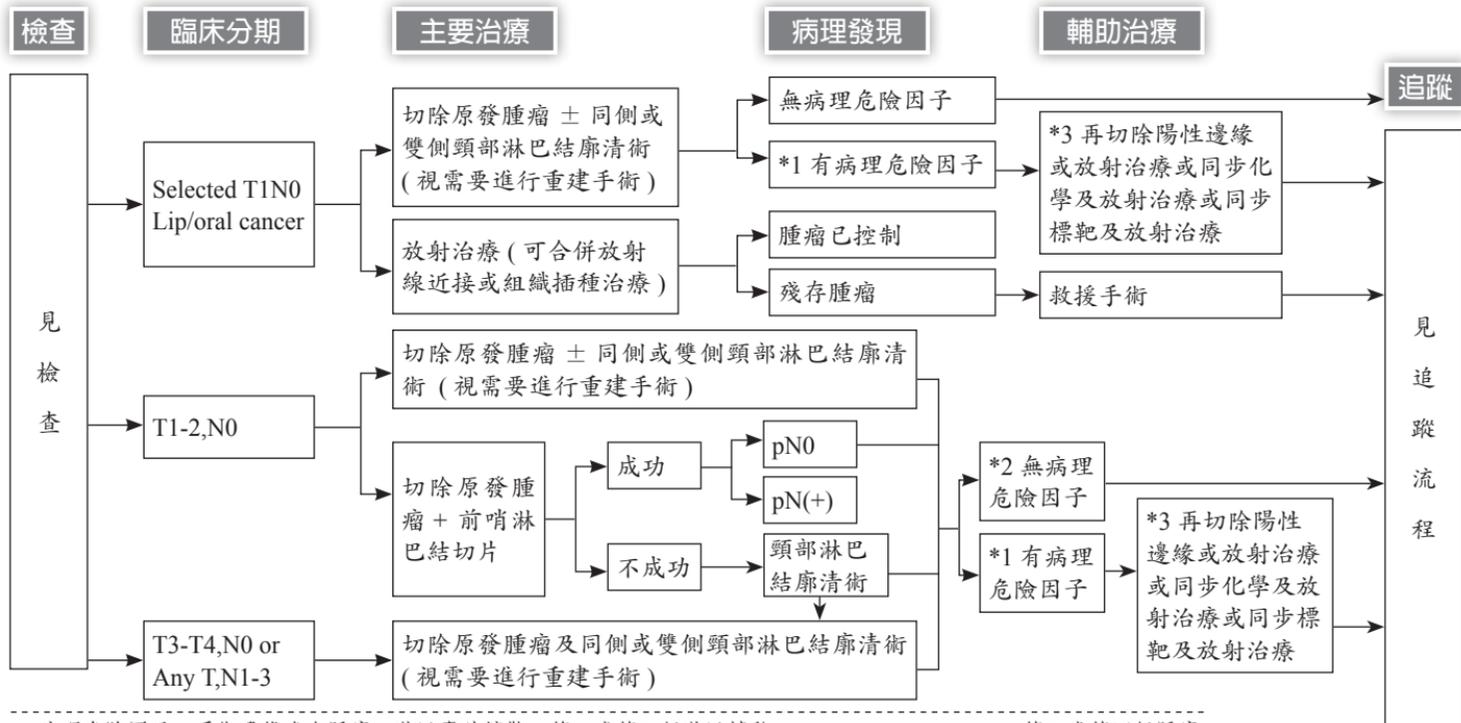
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三、校稿人員：吳思遠醫師 / 鍾婉余個管師

107 年版與上一版差異：

106 年版	107 年修訂版
<p>頭頸癌腫瘤 - 口咽癌診療指引共識 (中文版)-1 新增 T1-2 , N0 -1 分別於 P16 (+) 、 P16(-) 癌症分期備註</p>	<p>頭頸癌腫瘤 - 口咽癌診療指引共識 (中文版)-1 新增以下內容 P16 - T1N0(I), T2N0(II), T1N1(III), T2N1(III) P16 + T1N0(I), T2N0(I), T1N1(I), T2N1(I)</p>
<p>頭頸癌腫瘤 - 口咽癌診療指引共識 (中文版)-2 新增 T3-4, N0-1 AnyT, N2-3 分別於 P16 (+) 、 P16(-) 癌症分期備註</p>	<p>頭頸癌腫瘤 - 口咽癌診療指引共識 (中文版)-2 新增以下內容 P16 - T3N0,N1(III), T4aN0,N1(IVA), T1-4a N2(IVA), AnyT N3(IVB), T4b AnyN(IVB) P16 + T3N0-2(II), ANYT N3(III), T4N0-3(III)</p>
<p>頭頸癌腫瘤 - 口腔癌診療指引共識 (英文版)-1 修訂語句 原為 note:PNI alone in early stage(stage I 、 II) can selective treatment</p>	<p>頭頸癌腫瘤 - 口腔癌診療指引共識 (英文版)-1 改為 note:PNI alone in early stage(stage I 、 II) selective treatment</p>

《 口腔癌診療指引共識 -1 》



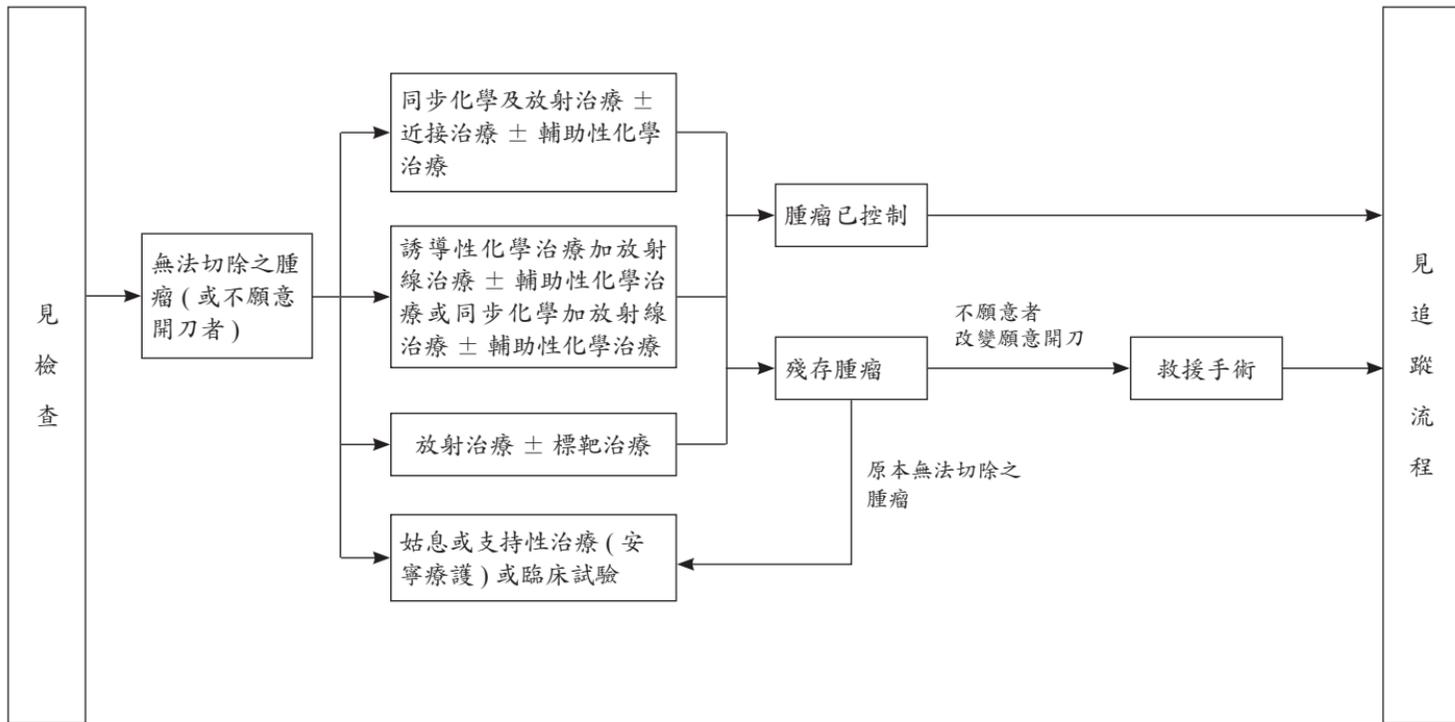
*1 病理危險因子：手術邊緣殘存腫瘤、淋巴囊外擴散、第二或第三級淋巴轉移 (N2 or N3 nodal disease)、第三或第四級腫瘤 (pT3 or pT4 primary)、第四或第五區淋巴結轉移 (nodal disease in Levels IV or V)、血管淋巴管侵犯、神經旁侵犯 (註)、Type V - WPOI

*2 無病理危險因子：T1-T2,N1 → OBS or RT

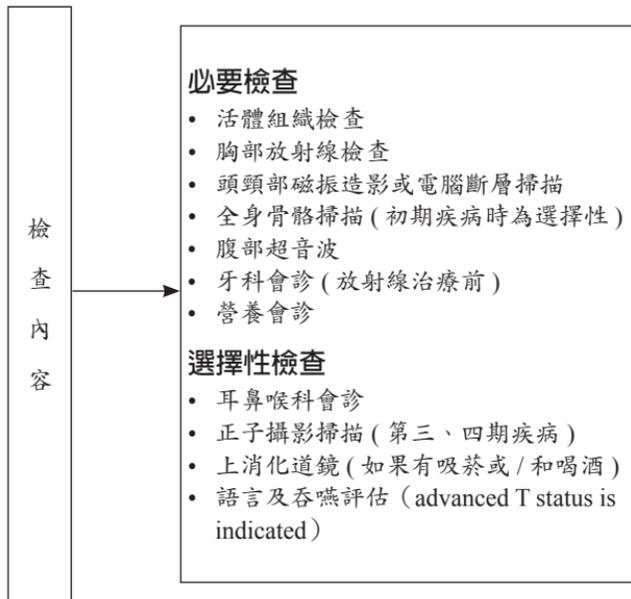
註：在 T1-T2 若只有單一此項危險因子為選擇性治療

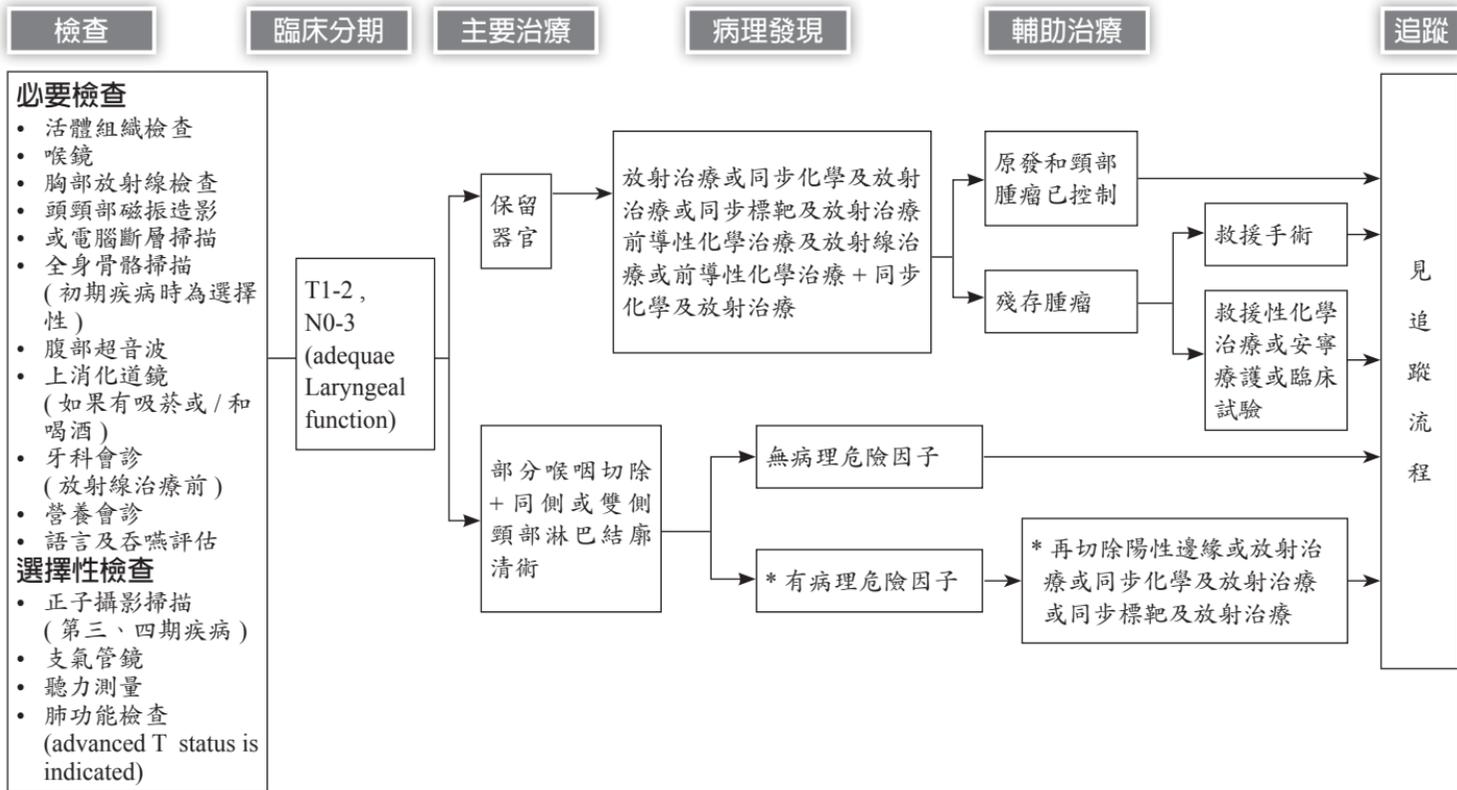
*3 consider re-resection to achieve negative margins for positive resection margins if feasible

檢查 臨床分期 主要治療 病理發現 輔助治療 追蹤



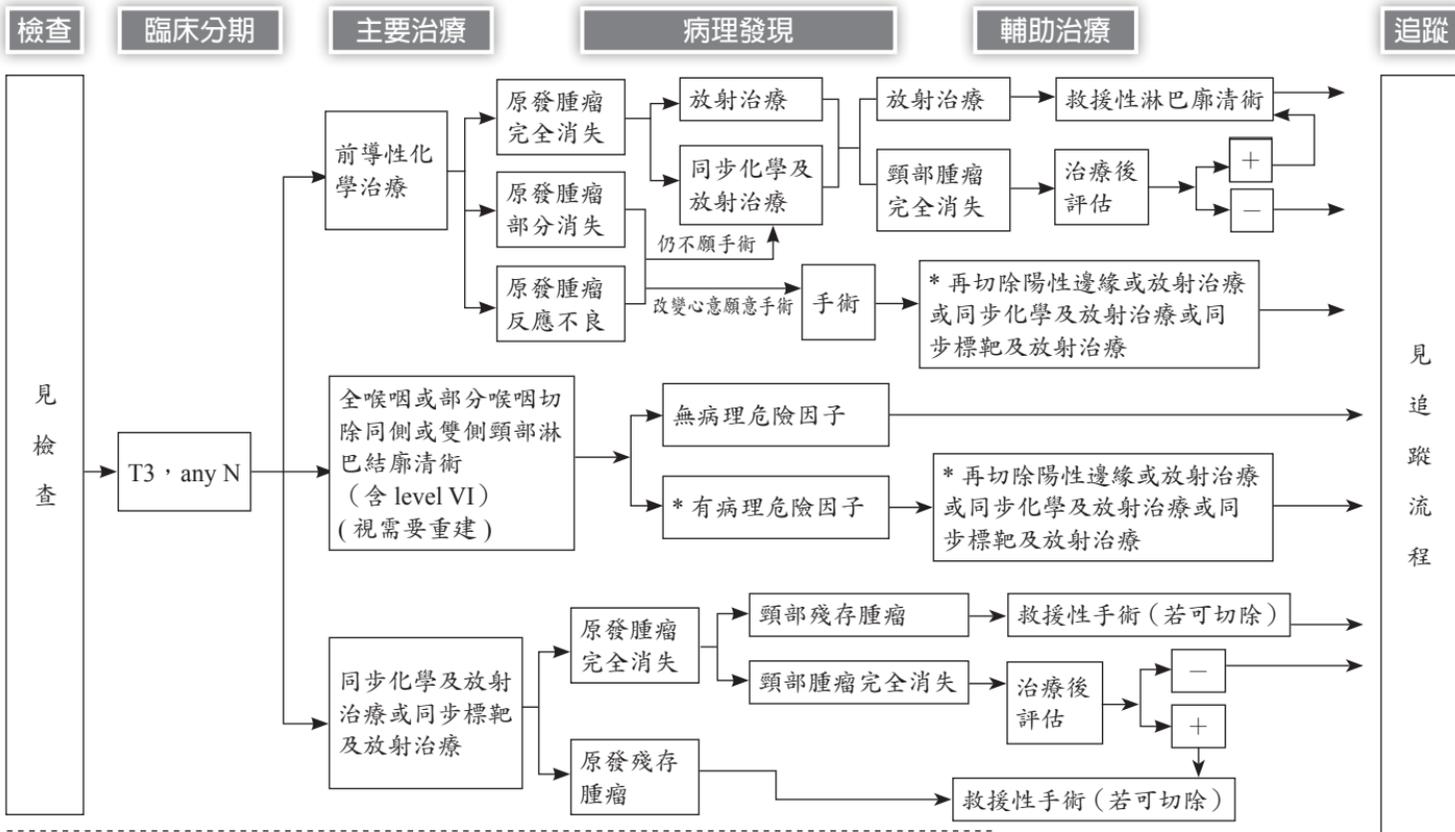
《 口腔癌診療指引共識檢查內容 》



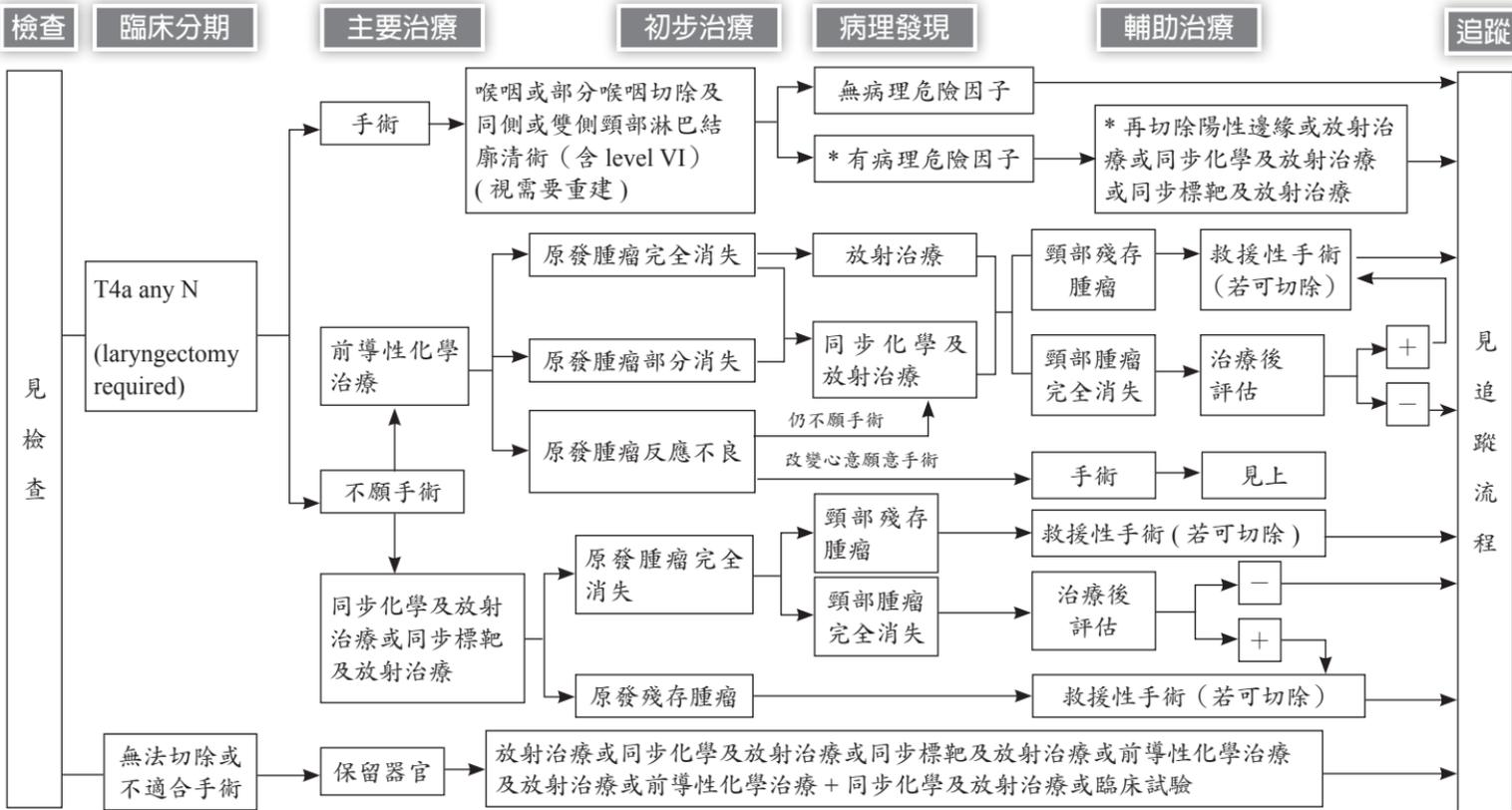


• LN ≥ 6cm 或 central necrosis 先行性頸部淋巴廓清術→同步化學及放射治療或同步標靶及放射治療
* consider re-resection to achieve negative margins for positive resection margins if feasible

《下咽癌診療指引共識 -2》

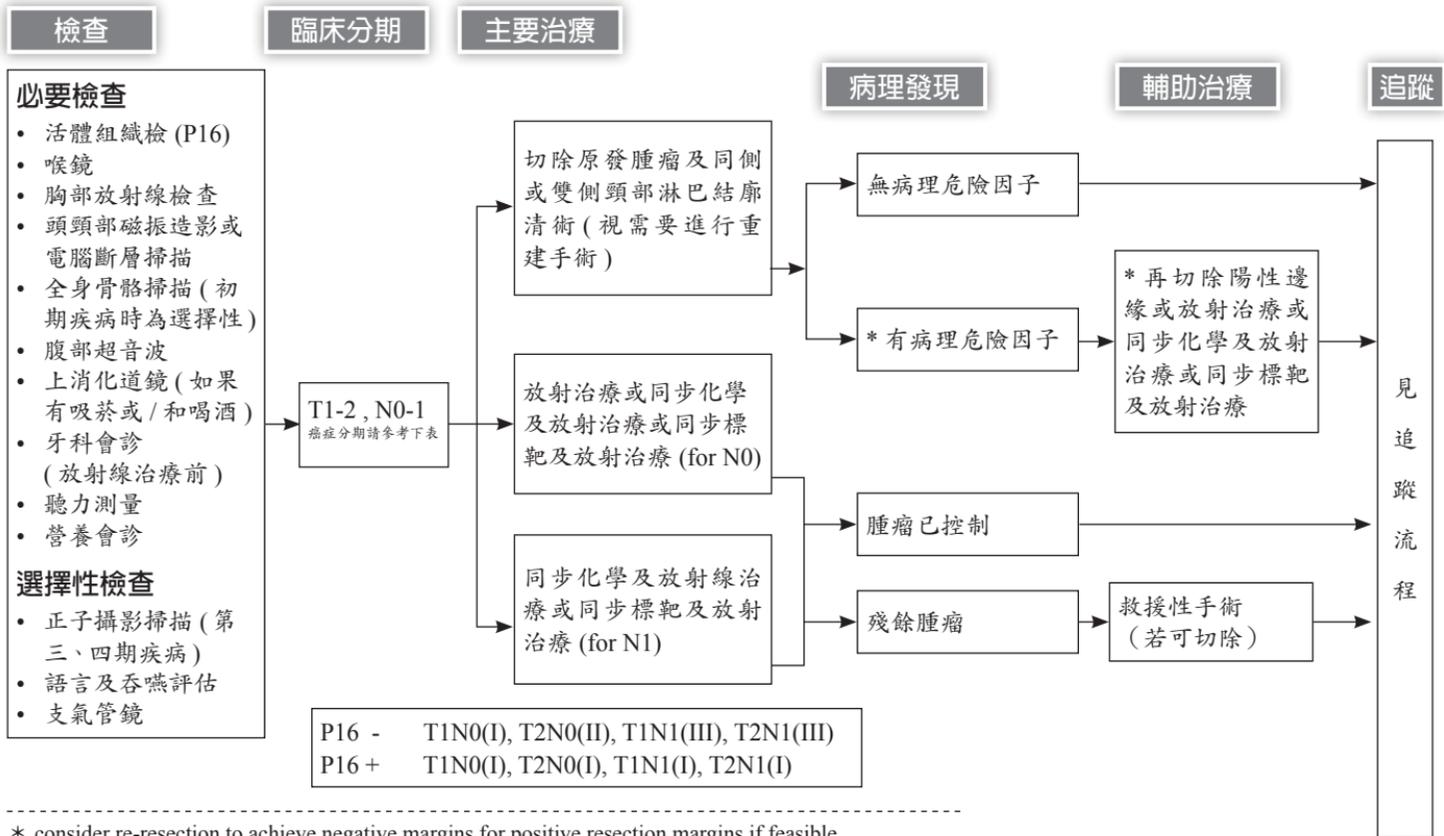


* consider re-resection to achieve negative margins for positive resection margins if feasible

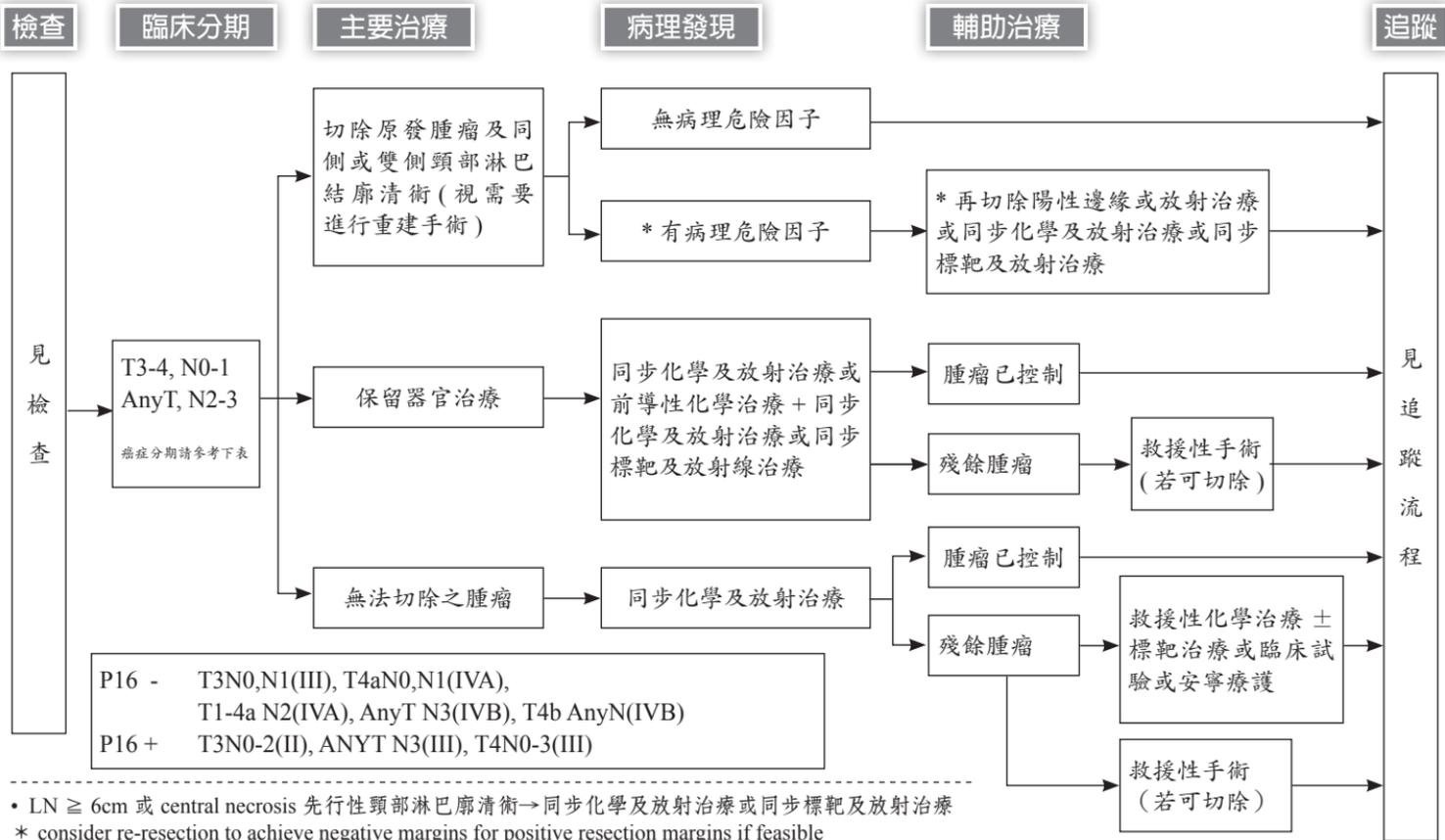


* consider re-resection to achieve negative margins for positive resection margins if feasible

《口咽癌診療指引共識 -1》

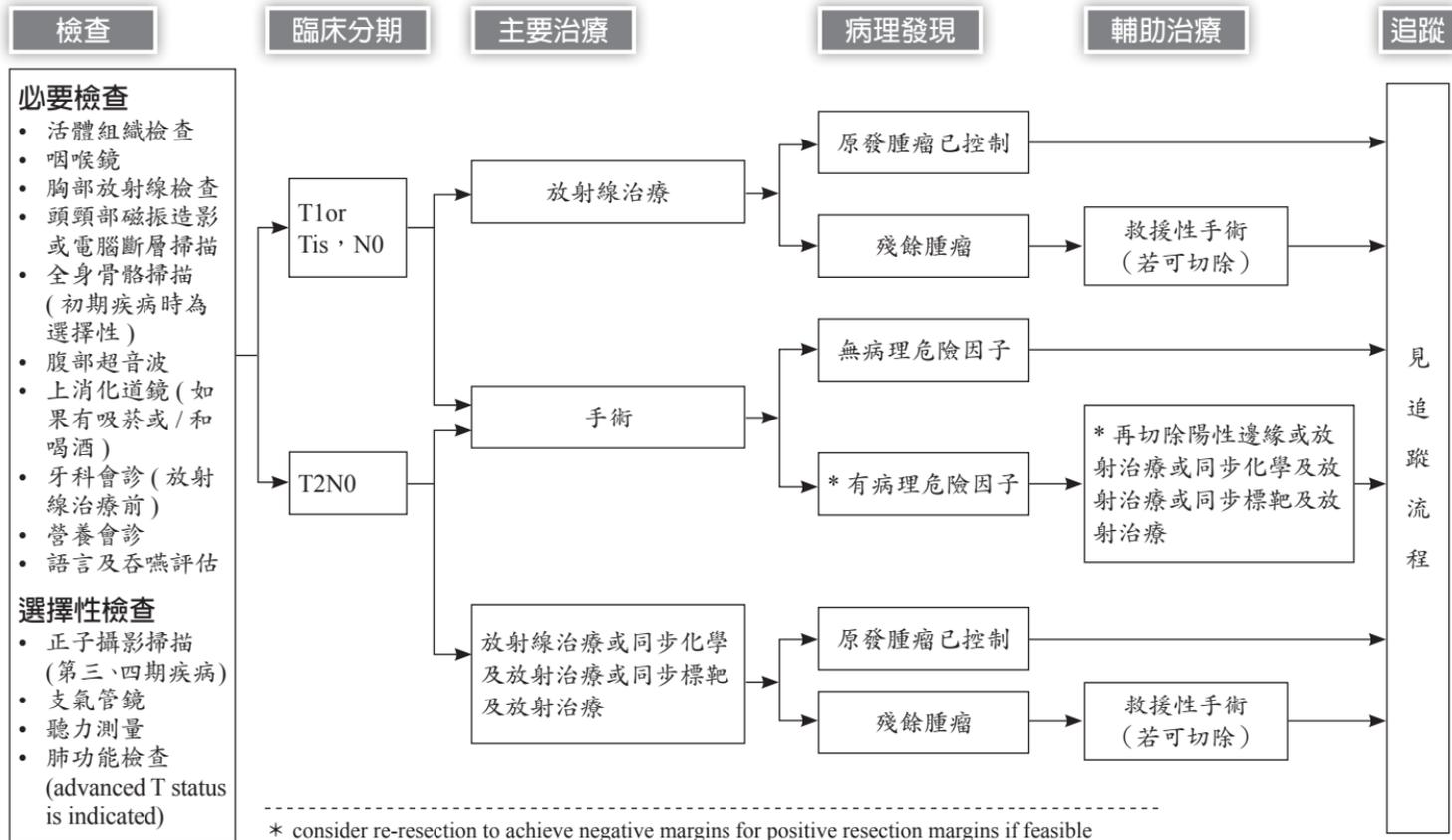


* consider re-resection to achieve negative margins for positive resection margins if feasible



• LN ≥ 6cm 或 central necrosis 先行性頸部淋巴廓清術 → 同步化學及放射治療或同步標靶及放射治療
* consider re-resection to achieve negative margins for positive resection margins if feasible

《喉癌診療指引共識 -1》



* consider re-resection to achieve negative margins for positive resection margins if feasible

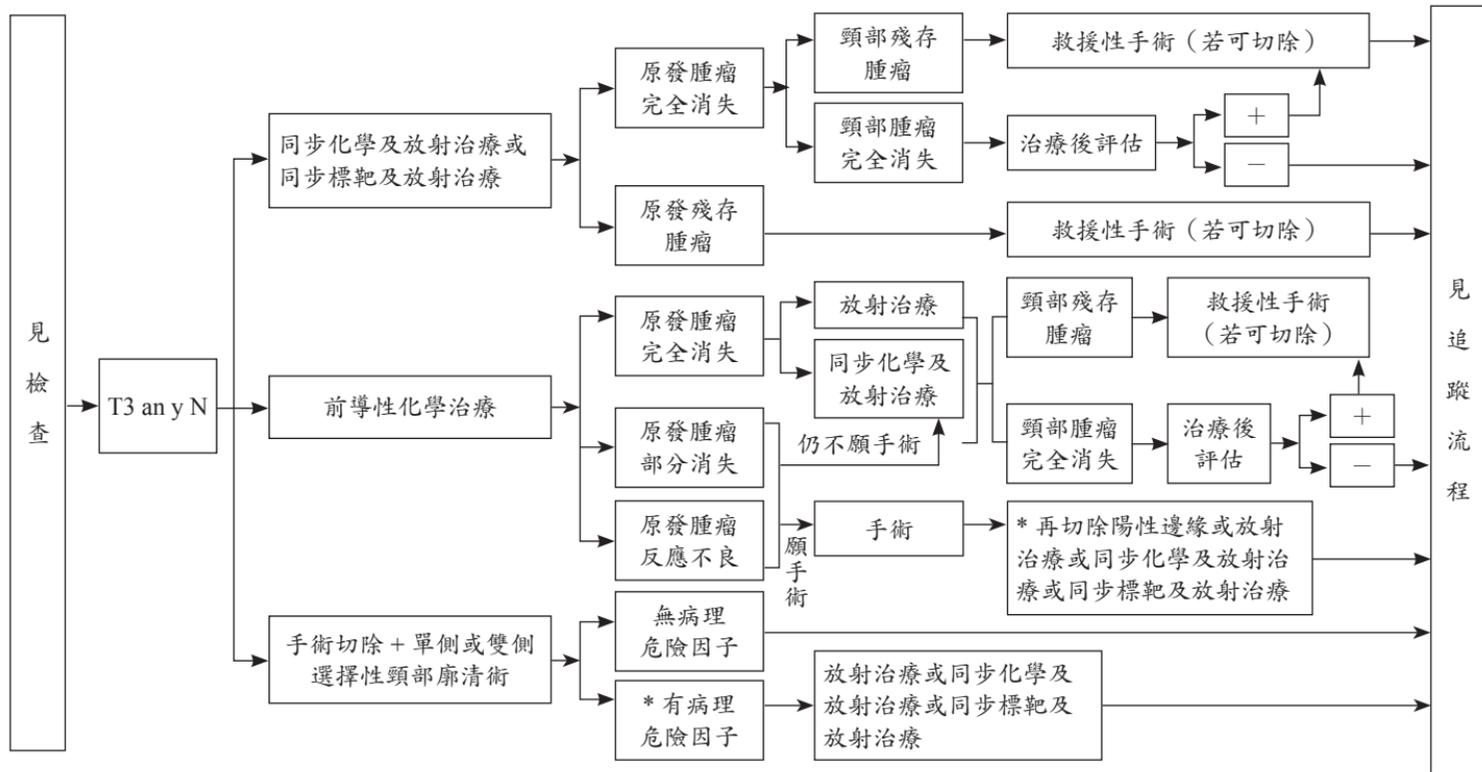
檢查

臨床分期

主要治療

輔助治療

追蹤

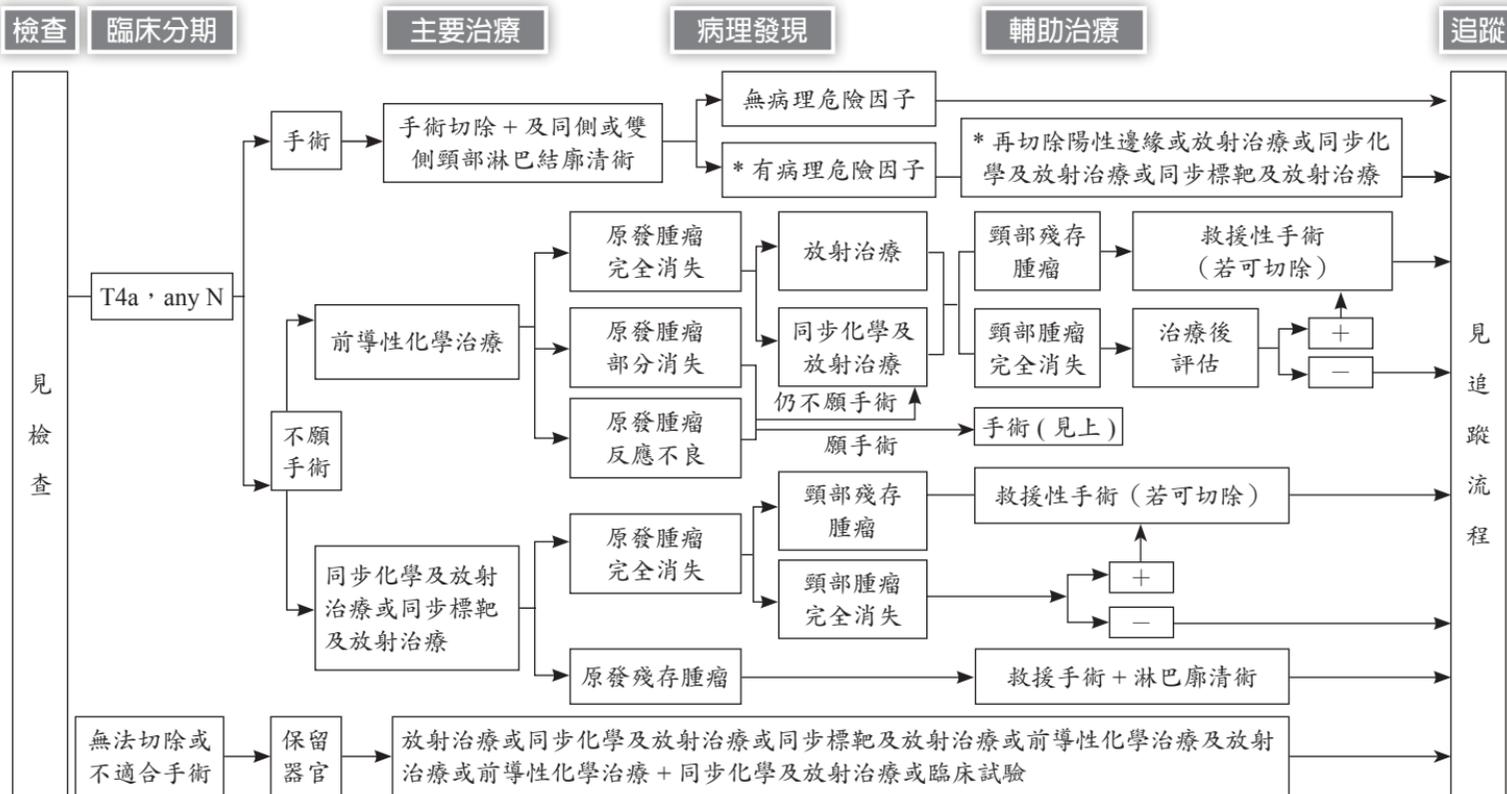


《喉癌診療指引共識 2》

癌症診療指引

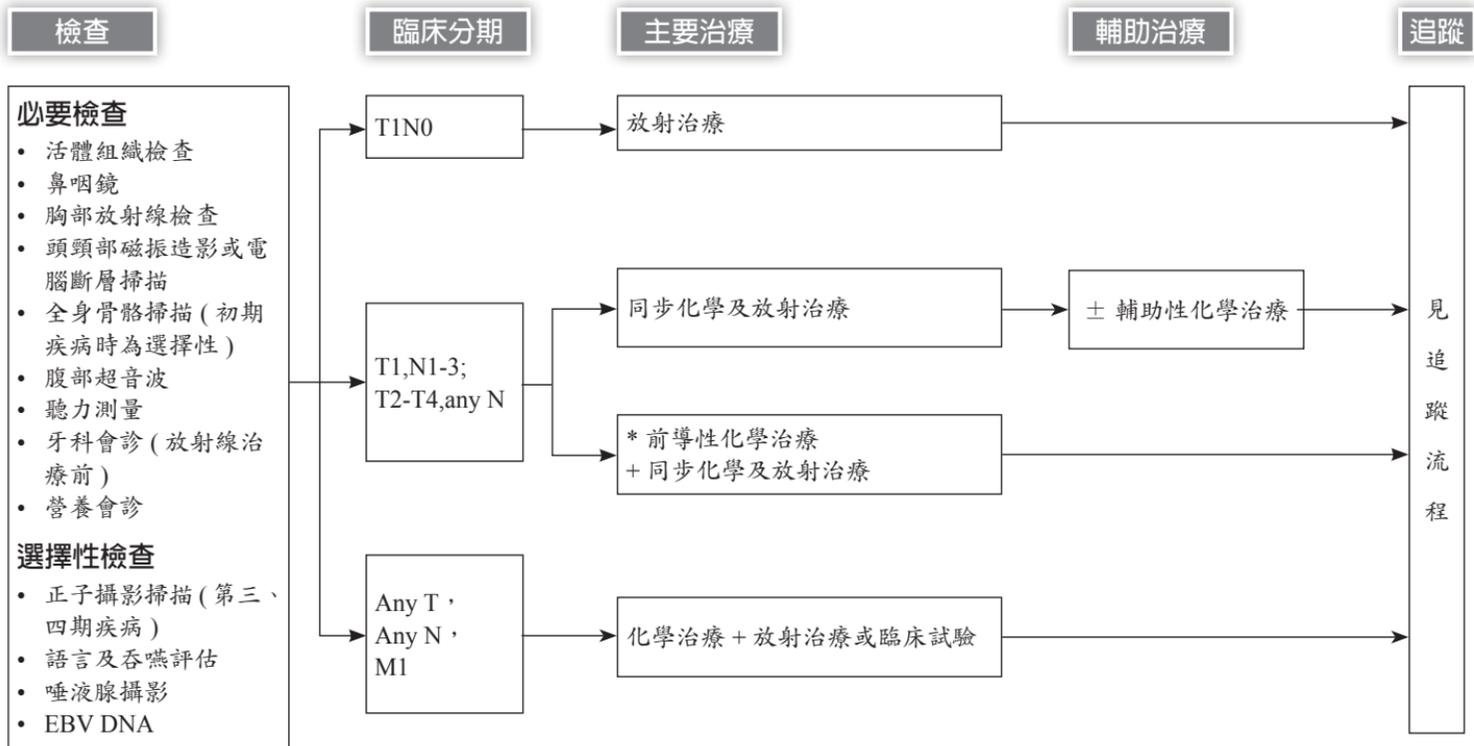
* consider re-resection to achieve negative margins for positive resection margins if feasible

《喉癌診療指引共識 -3》



見檢查

* consider re-resection to achieve negative margins for positive resection margins if feasible



* 僅 T4 or N3a 可建議行前導性化學治療

《頭頸癌診療指引追蹤流程》

臨床追蹤頻率

- 治療後一年內，每個月追蹤一次
- 治療後第二年，每二到三個月追蹤一次
- 治療後第三年，每三個月追蹤一次
- 治療後第四、五年，每六個月追蹤一次

頭頸部磁共振造影或電腦斷層掃描

- 治療完成後3年內建議每3-6個月一次
- 治療完成後3年以後建議6-12個月一次

腹部超音波

- 治療完成後3年內建議每3-6個月一次
- 治療完成後3年以後建議6-12個月一次

正子攝影掃描及全身骨骼掃描及上消化道鏡檢查

- 臨床上必要時

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《頭頸癌抗癌藥物治療指引》

Squamous Cell Cancers

Lip, Oral Cavity, Oropharynx, Hypopharynx, Glottic Larynx, Supraglottic Larynx, Ethmoid Sinus, Maxillary Sinus, Occult Primary

Primary systemic therapy + concurrent radiotherapy

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3W	3 with RT	1, 2

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	8	3

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	70	1-4	Q3W	3 with RT	4
5-FU	600	1-4	Q3W	3 with RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	70	1-5	Q4W	2 with RT	5
5-FU	600	1-5	Q4W	2 with RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
5-FU	800	1-5	Q2W	6 with RT	6
Hydroxyurea	1g PO Q12H	11 doses	Q2W	6 with RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	30	1	QW	7	6
Cisplatin	20	2	QW	7	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W	Min 6	18
Cisplatin	75	1	Q3W	Min 6	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3W	3 with RT	7
5-FU	1000*	1-5	Q3W	3 with RT	

*Continuous infusion

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	60	1	Q2W	7 with RT	7
5-FU	800*	1-5	Q2W	7 with RT	

*Continuous infusion

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	20	1-4	Q4W	2 with RT	19
5-FU	1000	1-4	Q4W	2 with RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	60-100	1	Q3W	Min 6	18
5-FU	600-1000	1-4	Q3W	Min 6	

*Continuous infusion

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	100	1	QW	8	8
Paclitaxel	40	1	QW	8	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	40	1	QW	4	9, 10

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	25	1-5	QW	5 with RT	16

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	#	17
Cisplatin	100	1	Q3W		

*1st dose 400 mg/m² then followed by 250 mg/m²
 #1st cycle before RT and continued cycles during RT

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	50	1	Q2W	6	30
UFUR	800 mg* PO QD	1-14	Q2W	6	
Leucovorin	60 mg PO QD	1-14	Q2W	6	

*Or 300 mg/m²

Postoperative Chemoradiation

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	75-100	1	Q3W	3 with RT	11-13, 15, 31

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	30*	1	QW	6	14, 31

*50 mg for 7-9 cycles with RT

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	#	20
Cisplatin	30	1	QW	#	

*1st dose 400 mg/m² then followed by 250 mg/m²
#1st cycle before RT and continued cycles during RT

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	#	20
Cisplatin	30	1	QW	#	

*1st dose 400 mg/m² then followed by 250 mg/m²
#1st cycle before RT and continued cycles during RT

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	#	20
Docetaxel	15	1	QW	#	

*1st dose 400 mg/m² then followed by 250 mg/m²
 #1st cycle before RT and continued cycles during RT

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	20	1-5	Q4W	2	21
5-FU	600	1-5	Q4W	2	

Induction/Sequential chemotherapy

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	75	1	Q3W	3-4	22, 24
Cisplatin	75	1	Q3W	3-4	
5-FU	750	1-5	Q3W	3-4	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	75	1	Q3W	3	23
Cisplatin	100	1	Q3W	3	
5-FU	1000*	1-4#	Q3W	3	

*Continuous infusion for 24 h
 # May extend to day 5 if tolerable

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W	3	25
Cisplatin	100	2	Q3W	3	
5-FU	500	2-6	Q3W	3	

Following induction, agents to be used with concurrent chemoradiation typically include weekly carboplatin or cetuximab

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	QW	6 with RT	26

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	AUC 1.5	1	QW	7	27

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	7 with RT	28

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	50	1	Q2W	6	29
UFUR	800 mg* PO QD	1-14	Q2W		
Leucovorin	60 mg PO QD	1-14	Q2W		

*Or 300 mg/m²

參考文獻

★三院有個別版本

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Recurrent, Unresectable, or Metastatic (incurable)

Combination therapy

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW		1
Cisplatin	100	1	Q3W	Max 6	
5-FU	1000	1-4	Q3W	Max 6	

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW		1
Carboplatin	AUC 5	1	Q3W	Max 6	
5-FU	1000	1-4	Q3W	Max 6	

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	65	1	Q3W		2
Carboplatin	AUC 6	1	Q3W		

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W		3
Cisplatin	75	1	Q3W		

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W		3
Carboplatin	AUC 6	1	Q3W		

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	200* → 125	1	QW		4
Cisplatin	100	1	Q4W	2-6	

*1st dose 200 mg/m² then followed by 125 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3W	Min 6	3, 5
5-FU	1000	1-4	Q3W	Min 6	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400 → 250 → 500*	1	QW → QW → Q2W*		6
Docetaxel	75	1	Q3W	4	
Cisplatin	75	1	Q3W	4	

*1st dose 400 mg/m² and 2nd dose 250 mg/m² QW then followed by 500 mg/m² Q2W

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400 → 250 → 500*	1	QW → QW → Q2W*		15
Docetaxel	75	1	Q3W	4	
Carboplatin	AUC 5	1	Q3W	4	

*1st dose 400 mg/m² and 2nd dose 250 mg/m² QW then followed by 500 mg/m² Q2W

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W	2	16, 17
Cisplatin	75	1	Q3W	2	
Followed by					
Cetuximab	400* → 250	1	QW		
Cisplatin	75	1	Q3W	4	

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W	2	16, 17
Carboplatin	AUC 6	1	Q3W	2	
Followed by					
Cetuximab	400* → 250	1	QW		
Carboplatin	AUC 6	1	Q3W	4	

*1st dose 400 mg/m² then followed by 250 mg/m²

Single agents

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3-4W		7, 8

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	80	1	QW	6	9

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	100	1	Q3W		10

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
5-FU	1000	1	Q3W		8

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Methotrexate	40	1	QW		11, 12

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cetuximab	400* → 250	1	QW	Min 7	13

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Capecitabine	1250 PO BID	1-14	Q3W	Min 2	14

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Nasopharynx Carcinoma

Chemoradiation followed by adjuvant chemotherapy

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3W	3 with RT	1
Followed by					
Cisplatin	80	1	Q4W	3 after RT	
5-FU	1000	1-4	Q4W	3 after RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	AUC 6	1	Q3W	3-5 with RT	2
Followed by					
Carboplatin	AUC 5	1	Q3W	2 after RT	
5-FU	1000*	1-4	Q3W	2 after RT	

*Continuous infusion for 24 h

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	40	1	QW	7	3

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	50	1	Q2W	6	12
UFUR	800 mg* PO	1-14	Q2W		
Leucovorin	60 mg PO	1-14	Q2W		

*Or 300 mg/m²

Induction (Category 3)/Sequential chemotherapy

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	70	1	Q3W	3	4
Cisplatin	75	1	Q3W	3	
5-FU	1000*	1-4	Q3W	3	
Followed by Cisplatin	100	1	Q3W	With RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	60	1	Q3W	3	13
Cisplatin	60	1	Q3W	3	
5-FU	600	1-5	Q3W	3	
Followed by Cisplatin	100	1	Q3W	With RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3W	3	6
5-FU	1000*	1-4	Q3W	3	

*Continuous infusion for 24 h

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Epirubicin	75	1	Q3W	3	7
Paclitaxel	175	1	Q3W	3	
Cisplatin	75	2	Q3W	3	
Followed by					
Paclitaxel	60	1	QW	During RT	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	40	1	QW	7 during RT	8

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Epirubicin	60-75	1	Q4W	3	9
Mitomycin	10	1	Q4W	Cycle 1, 3 only	
Cisplatin	60-100	1	Q4W	3	

Adjuvant CT (post RT or CCRT completion on day 29) (category 2B)

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	80	1	Q4W	3	10
5-FU	1000	1-4	Q4W	3	

Following induction, agents to be used with concurrent chemoradiation typically include weekly cisplatin or carboplatin

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	40	1	QW	7	11

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	AUC 2	1	QW	6 (Max 7)	14

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Recurrent, Unresectable, or Metastatic (incurable)

First line

Combination therapy

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	65	1	Q3W		1
Carboplatin	AUC 6	1	Q3W		

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	175	1	Q3W	Min 6	2
Cisplatin	75	1	Q3W	Min 6	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	AUC 6	1	Q3W	Min 6	2
Paclitaxel	175	1	Q3W	Min 6	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	AUC 6	1	Q3W	Min 6	2
Docetaxel	65	1	Q3W	Min 6	

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3W	Min 6	2, 3
5-FU	1000*	1-4	Q3W	Min 6	

*Continuous infusion for 24 h

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	AUC 5	1	Q3W	Max 8	4
Cetuximab	400* → 250	1	QW		

*1st dose 400 mg/m² then followed by 250 mg/m²

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	20-30*	1-3	Q3W	Max 6	5
Gemcitabine	1000	1, 8	Q3W	Max 6	

*80 mg/m² in divided doses on 3 days

Single agents

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Cisplatin	100	1	Q3-4W	Min 4	6, 7

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Carboplatin	AUC 6	1	Q3W		14

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Paclitaxel	80	1	QW	6	8

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Docetaxel	100	1	Q3W		9

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
5-FU	1000	1	Q3W		7

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Methotrexate	40	1	QW		10, 11

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Gemcitabine	1000	1, 8, 15	Q4W		12

藥品名	劑量 mg/m ²	給藥日	頻率	週期	參考文獻
Capecitabine	1250 PO BID	1-14	Q3W	Min 2	13

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《頭頸癌放射治療共識》

口腔癌

一、治療範圍

1. 口腔腫瘤或腫瘤原發部位
2. 頸部淋巴轉移病灶
3. 頸部高風險淋巴轉移範圍

二、治療劑量 / 次數

1. 總劑量：高劑量區 66~76Gy；中低劑量區 45~66Gy
2. 分次劑量：高劑量區 1.8~2.2Gy；中低劑量區 1.6~2.0Gy

三、治療方式：

使用強度調控放射治療技術，包含弧形及螺旋放射規劃，可考慮搭配影像導引治療，治療選擇可使用同步照射高與低危險部位的方式或先給予整個照射部位部份劑量照射後，再針對高危險部位加強劑量。

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一、治療範圍

1. 鼻咽腫瘤
2. 頸部淋巴轉移病灶
3. 頸部高風險淋巴轉移範圍

二、治療劑量 / 次數

1. 總劑量：高劑量區 66~76Gy；中低劑量區 45~66Gy
2. 分次劑量：高劑量區 1.8~2.2Gy；中低劑量區 1.6~2.0Gy

三、治療方式：

使用強度調控放射治療技術，包含弧形及螺旋放射規劃，可考慮搭配影像導引治療，治療選擇可使用同步照射高與低危險部位的方式或先給予整個照射部位部份劑量照射後，再針對高危險部位加強劑量。

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口咽癌

一、治療範圍

1. 口咽腫瘤或腫瘤原發部位
2. 頸部淋巴轉移病灶
3. 頸部高風險淋巴轉移範圍

二、治療劑量 / 次數

1. 總劑量：高劑量區 66~76Gy；中低劑量區 45~66Gy
2. 分次劑量：高劑量區 1.8~2.2Gy；中低劑量區 1.6~2.0Gy

三、治療方式：

使用強度調控放射治療技術，包含弧形及螺旋放射規劃，可考慮搭配影像導引治療，治療選擇可使用同步照射高與低危險部位的方式或先給予整個照射部位部份劑量照射後，再針對高危險部位加強劑量。

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下咽癌

一、治療範圍

1. 下咽腫瘤或腫瘤原發部位
2. 頸部淋巴轉移病灶
3. 頸部高風險淋巴轉移範圍

二、治療劑量 / 次數

1. 總劑量：高劑量區 66~76Gy；中低劑量區 45~66Gy
2. 分次劑量：高劑量區 1.8~2.2Gy；中低劑量區 1.6~2.0Gy

三、治療方式：

使用強度調控放射治療技術，包含弧形及螺旋放射規劃，可考慮搭配影像導引治療，治療選擇可使用同步照射高與低危險部位的方式或先給予整個照射部位部份劑量照射後，再針對高危險部位加強劑量

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